

Website review shortterm-memory.com

Generated on February 12 2026 13:35 PM

The score is 75/100



SEO Content

	Title	Short Term Memory Loss - Signs, Diagnosis and How to Improve Memory Length : 67 Perfect, your title contains between 10 and 70 characters.												
	Description	Learn about short term memory loss, its signs, causes, and possible treatments. Find out when it may be linked to dementia and how doctors diagnose memory issues. Length : 162 Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.												
	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.												
	Og Meta Properties	Good, your page take advantage of Og Properties. <table border="1"><thead><tr><th>Property</th><th>Content</th></tr></thead><tbody><tr><td>title</td><td>Short Term Memory Loss - Signs, Diagnosis and How to Improve Memory</td></tr><tr><td>description</td><td>Learn about short term memory loss, its signs, causes, and possible treatments. Find out when it may be linked to dementia and how doctors diagnose memory issues.</td></tr><tr><td>type</td><td>website</td></tr></tbody></table>	Property	Content	title	Short Term Memory Loss - Signs, Diagnosis and How to Improve Memory	description	Learn about short term memory loss, its signs, causes, and possible treatments. Find out when it may be linked to dementia and how doctors diagnose memory issues.	type	website				
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	Headings	<table border="1"><thead><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr></thead><tbody><tr><td>1</td><td>9</td><td>29</td><td>9</td><td>0</td><td>0</td></tr></tbody></table> <ul style="list-style-type: none">[H1] Short Term Memory Loss Causes: Signs, and Ways to Improve[H2] Norton Riley	H1	H2	H3	H4	H5	H6	1	9	29	9	0	0
H1	H2	H3	H4	H5	H6									
1	9	29	9	0	0									

SEO Content

- [H2] Introduction
- [H2] Common Causes
- [H2] Recognizable Short Term Memory Loss Symptoms
- [H2] How Doctors Diagnose It
- [H2] Treatment Options
- [H2] Practical Tips for Managing Memory Issues
- [H2] Conclusion
- [H2] FAQ
- [H3] About the Author
- [H3] Sleep problems or insomnia
- [H3] Emotional stress and anxiety
- [H3] Brain injuries or concussions
- [H3] Stroke and other vascular conditions
- [H3] Side effects of medications
- [H3] Neurological disorders such as Alzheimer's disease
- [H3] Vitamin deficiencies and poor nutrition
- [H3] Alcohol
- [H3] Forgetting names, places, or tasks quickly
- [H3] Losing track of conversations
- [H3] Misplacing items frequently
- [H3] Repeatedly asking the same questions
- [H3] Struggling to recall what was just said or done
- [H3] Medical and psychological evaluation
- [H3] Cognitive function tests
- [H3] Neurological assessment
- [H3] Imaging tests such as CT or MRI scans
- [H3] Blood tests for vitamin levels or thyroid function
- [H3] Addressing underlying medical conditions
- [H3] Cognitive behavioral therapy and exercises
- [H3] Medications for related disorders
- [H3] Improving sleep hygiene and reducing stress
- [H3] Lifestyle changes
- [H3] Use reminders, calendars, and notes
- [H3] Develop structured daily routines
- [H3] Engage in brain-stimulating activities
- [H3] Stay physically active
- [H3] Practice relaxation techniques to reduce stress
- [H4] Connect with Norton
- [H4] What does short term memory loss mean?
- [H4] What can trigger short term memory loss?
- [H4] What are the early signs of short term memory loss?
- [H4] How do doctors test for short term memory loss?
- [H4] Can short term memory loss be reversed?
- [H4] Is short term memory loss always related to dementia?
- [H4] What treatments are available for short term memory loss?
- [H4] How can I prevent short term memory loss?



Images

We found 7 images on this web page.

Good, most or all of your images have alt attributes.



Text/HTML Ratio

Ratio : **63%**

Ideal! This page's ratio of text to HTML code is between 25 and 70

SEO Content

		percent.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 5 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100%

In-page links

Anchor	Type	Juice
Introduction	Internal	Passing Juice
Symptoms	Internal	Passing Juice
Diagnosis	Internal	Passing Juice
Treatment	Internal	Passing Juice
FAQ	Internal	Passing Juice

SEO Keywords

	Keywords Cloud	term loss tests stress function memory
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SEO Keywords

improve cognitive brain **short**

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
memory	41	✓	✗	✓	✓
loss	27	✓	✗	✓	✓
short	25	✓	✗	✓	✓
term	24	✓	✗	✓	✓
cognitive	21	✗	✗	✗	✓

Usability

	Url	Domain : shortterm-memory.com Length : 20
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0

Document

		
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Great, your website has few CSS files. Perfect, your website has few JavaScript files. Perfect, your website takes advantage of gzip.

Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Optimization

	XML Sitemap	Great, your website has an XML sitemap. <code>https://shortterm-memory.com/sitemap.xml</code>
	Robots.txt	<code>http://shortterm-memory.com/robots.txt</code> Great, your website has a robots.txt file.
	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.

Optimization