








Website review klubstrefa.com

Generated on April 23 2026 08:38 AM





The score is 59/100







SEO Content

	<p>Title</p>	<p>Siłownia Konin oraz Fitness w Klubie Strefa</p> <p>Length : 43</p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	<p>Description</p>	<p>Klub strefa to siłownia Konin, fitness, zumba, spinning pod okiem instruktorów. Na naszej siłowni prowadzimy zajęcia grupowe w różnych godzinach.</p> <p>Length : 145</p> <p>Great, your meta description contains between 70 and 160 characters.</p>												
	<p>Keywords</p>	<p>siłownia konin, fitness, klub strefa, Konin, centrum sportu, zumba</p> <p>Good, your page contains meta keywords.</p>												
	<p>Og Meta Properties</p>	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.</p>												
	<p>Headings</p>	<table border="1" data-bbox="544 1442 1481 1514"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>0</td> <td>13</td> <td>19</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="616 1547 1457 2078" style="list-style-type: none"> • [H2] Konin Miasto Kobiet!Zapraszamy na 10 edycję projektu Konin Miasto Kobiet. • [H2] Pierwszy klub fitness w Koninie • [H2] W naszym klubie honorujemy karty Benefit MultiSport. Zapraszamy na trening! • [H2] na bezpłatny dzień treningowy w naszym klubie • [H2] W naszym klubie honorujemy karty Benefit MultiSport. Zapraszamy na trening • [H2] na bezpłatny dzień treningowy w naszym klubie • [H2] Wirtualna wycieczka po naszym klubie • [H2] ZRÓB FORMĘ NA LATO ZE STREFĄ • [H2] ZRÓB FORMĘ NA LATO ZE STREFĄ • [H2] PIERWSZY KLUB FITNESS W KONINIE • [H2] PIERWSZY KLUB FITNESS W KONINIE • [H2] Nie zwlekaj - zapisz się na trening już dziś • [H2] Nie zwlekaj - zapisz się na trening już dziś 	H1	H2	H3	H4	H5	H6	0	13	19	0	0	0
H1	H2	H3	H4	H5	H6									
0	13	19	0	0	0									

SEO Content

		<ul style="list-style-type: none">• [H3] Slide Title• [H3] KLUB STREFA• [H3] KARTA BENEFIT MULTISPORT• [H3] ODBIERZ ZAPROSZENIE• [H3] POZNAJ NASZ KLUB• [H3] Oferta dla Seniorów - sprawdź zniżki• [H3] Oferta dla Studentów - sprawdź zniżki• [H3] Oferta dla Uczniów - sprawdź zniżki• [H3] karta benefit multisport• [H3] Odbierz zaproszenie• [H3] Poznaj nasz klub• [H3] OFERTA DLA SENIORÓW - SPRAWDŹ ZNIŻKI• [H3] OFERTA DLA STUDENTÓW - SPRAWDŹ ZNIŻKI• [H3] WIRTUALNY SPACER - ODWIEDŹ NAS!• [H3]• [H3]• [H3] Zajęcia Grupowe• [H3] Słownia• [H3] Sauna
	Images	<p>We found 15 images on this web page.</p> <p>12 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 10%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Great, there are no Iframes detected on this page.</p>

SEO Links

	URL Rewrite	<p>Good. Your links looks friendly!</p>
	Underscores in the URLs	<p>Perfect! No underscores detected in your URLs.</p>
	In-page links	<p>We found a total of 20 links including 0 link(s) to files</p>
	Statistics	<p>External Links : noFollow 0%</p>

SEO Links

External Links : Passing Juice 25%

Internal Links 75%

In-page links

Anchor	Type	Juice
STRONA GŁÓWNA	Internal	Passing Juice
AKTUALNOŚCI	Internal	Passing Juice
O NAS	Internal	Passing Juice
GRAFIK ZAJĘĆ	Internal	Passing Juice
FITNESS	Internal	Passing Juice
SIŁOWNIA	Internal	Passing Juice
KONTAKT	Internal	Passing Juice
ZMIANY W GRAFIKU	Internal	Passing Juice
Czytaj Więcej...	Internal	Passing Juice
Wirtualna wycieczka po naszym klubie	External	Passing Juice
Czytaj więcej...	Internal	Passing Juice
Czytaj więcej...	Internal	Passing Juice
Czytaj więcej...	Internal	Passing Juice
VIEW MORE	Internal	Passing Juice
VIEW MORE	Internal	Passing Juice
Przejdź do grafiku	External	Passing Juice
[email&#160;protected]	Internal	Passing Juice
Webkon - Agencja Interaktywna	External	Passing Juice
Joomla Template	External	Passing Juice
ThemeXpert	External	Passing Juice

SEO Keywords



Keywords Cloud

fitness siłownia koninie się strefa klub
naszym pierwszy klubie trening

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
klub	9	✓	✓	✓	✓
fitness	8	✓	✓	✓	✓
trening	6	✗	✗	✗	✓
klubie	5	✓	✗	✗	✓
strefa	5	✓	✓	✓	✓











Usability

	Url	Domain : klubstrefa.com Length : 14
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is pl.
	Dublin Core	This page does not take advantage of Dublin Core.





Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.



Document

		
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Perfect, your website takes advantage of gzip.

Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Optimization

	XML Sitemap	Missing Your website does not have an XML sitemap - this can be problematic. A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.
	Robots.txt	http://klubstrefa.com/robots.txt Great, your website has a robots.txt file.
	Analytics	Missing

Optimization



We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.