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pagepeeker

# Website review

## howtoimprovememory.org

Generated on February 12 2026 13:19 PM

The score is 62/100



## SEO Content

	<b>Title</b>	How to Improve Memory: Top Tips for 2025  <b>Length : 40</b>  Perfect, your title contains between 10 and 70 characters.												
	<b>Description</b>	Learn how to improve memory, focus, and recall with exercises, games, and tips for adults, kids, and ADHD. Boost short-term and long-term memory today!  <b>Length : 151</b>  Great, your meta description contains between 70 and 160 characters.												
	<b>Keywords</b>	Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.												
	<b>Og Meta Properties</b>	Good, your page take advantage of Og Properties. <table border="1" data-bbox="536 1320 1473 1731"> <thead> <tr> <th>Property</th><th>Content</th></tr> </thead> <tbody> <tr> <td>title</td><td>How to Improve Memory: Top Tips for 2025</td></tr> <tr> <td>description</td><td>Learn how to improve memory, focus, and recall with exercises, games, and tips for adults, kids, and ADHD. Boost short-term and long-term memory today!</td></tr> <tr> <td>type</td><td>website</td></tr> </tbody> </table>	Property	Content	title	How to Improve Memory: Top Tips for 2025	description	Learn how to improve memory, focus, and recall with exercises, games, and tips for adults, kids, and ADHD. Boost short-term and long-term memory today!	type	website				
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type	website													
	<b>Headings</b>	<table border="1" data-bbox="536 1754 1473 1821"> <thead> <tr> <th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr> </thead> <tbody> <tr> <td>1</td><td>9</td><td>22</td><td>8</td><td>0</td><td>0</td></tr> </tbody> </table> <ul style="list-style-type: none"> <li>[H1] How to Improve Your Memory for Better Cognitive Health?</li> <li>[H2] Jamie Wells</li> <li>[H2] Introduction</li> <li>[H2] Why Memory Improvement Matters</li> <li>[H2] Top Strategies to Improve Memory</li> <li>[H2] Memory Improvement for Specific Needs</li> </ul>	H1	H2	H3	H4	H5	H6	1	9	22	8	0	0
H1	H2	H3	H4	H5	H6									
1	9	22	8	0	0									

# SEO Content

- [H2] Free and Accessible Memory Improvement Tools
- [H2] How to Implement Memory Improvement Techniques
- [H2] FAQ - Common Questions About Memory Improvement
- [H2] Conclusion
- [H3] About the Author:
- [H3] Connect with Jamie
- [H3] Remember and repeat (but space it out)
- [H3] Use tools, but use them the right way
- [H3] Concept maps
- [H3] Self-testing beats passive review
- [H3] Study groups can help, but only if you participate
- [H3] Mix up your subjects
- [H3] Check in with yourself
- [H3] For ADHD
- [H3] For Kids
- [H3] For Studying: Mnemonics, Repetition, and Retrieval
- [H3] For Physical Tasks
- [H3] Free Online Games That Actually Help
- [H3] Apps for Kids with ADHD or Working Memory Struggles
- [H3] Printable Worksheets and DIY Games for Home
- [H3] Start Small and Stay Consistent
- [H3] Practice in Layers
- [H3] Use Tools to Stay Organized
- [H3] Make Sleep and Diet a Priority
- [H3] Track Progress and Adjust
- [H3] Avoid Overload
- [H4] How can I improve my memory?
- [H4] How to improve short-term memory?
- [H4] What are ways to improve memory for studying?
- [H4] How to improve memory with ADHD?
- [H4] How to improve working memory in kids?
- [H4] Do memory games really help?
- [H4] How to improve long-term memory?
- [H4] What are good exercises for visual memory?

	Images	<p>We found 7 images on this web page.</p> <p>Good, most or all of your images have alt attributes.</p>
	Text/HTML Ratio	<p>Ratio : <b>72%</b></p> <p>This page's ratio of text to HTML code is more than 70 percent, this means that your the page might run the risk of being considered spam.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Great, there are no Iframes detected on this page.</p>

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 13 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 30.77% Internal Links 69.23%

## In-page links

Anchor	Type	Juice
<a href="#">Author</a>	Internal	Passing Juice
<a href="#">Basics</a>	Internal	Passing Juice
<a href="#">Why</a>	Internal	Passing Juice
<a href="#">Strategies</a>	Internal	Passing Juice
<a href="#">Specific</a>	Internal	Passing Juice
<a href="#">Tools</a>	Internal	Passing Juice
<a href="#">Implement</a>	Internal	Passing Juice
<a href="#">FAQ</a>	Internal	Passing Juice
<a href="#">LinkedIn</a>	Internal	Passing Juice
<a href="#">how to improve memory and concentration</a>	External	Passing Juice
<a href="#">Attention Games</a>	External	Passing Juice
<a href="#">Logic Games</a>	External	Passing Juice
<a href="#">brain games</a>	External	Passing Juice

## SEO Keywords

Keywords Cloud	how even <b>memory</b> tools improve brain
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## SEO Keywords

games like help recall

## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
memory	93	✓	✗	✓	✓
like	48	✗	✗	✗	✗
games	43	✗	✗	✓	✓
brain	31	✗	✗	✗	✗
how	29	✓	✗	✓	✓

## Usability

	Url	Domain : howtoimprovememory.org Length : 22
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.

## Document

	W3C Validity	Errors : 0 Warnings : 0				
	Email Privacy	Great no email address has been found in plain text!				
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td>&lt;u&gt;</td><td>1</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<u>	1
Deprecated tags	Occurrences					
<u>	1					
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Great, your website has few CSS files.</li><li> Perfect, your website has few JavaScript files.</li><li> Perfect, your website takes advantage of gzip.</li></ul>				

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	Great, your website has an XML sitemap.  <a href="https://howtoimprovememory.org/sitemap.xml">https://howtoimprovememory.org/sitemap.xml</a>
	Robots.txt	<a href="http://howtoimprovememory.org/robots.txt">http://howtoimprovememory.org/robots.txt</a>  Great, your website has a robots.txt file.
	Analytics	Missing  We didn't detect an analytics tool installed on this website.  Web analytics let you measure visitor activity on your website. You

## Optimization

should have at least one analytics tool installed, but it can also be good to install a second in order to cross-check the data.